

Handout 1.4: Reflection #1 – My Personal Mission Statement

by _____

Take a few minutes to reflect on your life—past, present, and future. In point form and using some explanation or details, fill in the statements below with meaningful responses. Use the back of the paper if you need more space.

Five of the most important things in my life are:

1. _____
2. _____
3. _____
4. _____
5. _____

Three of my dreams (realistic or idealistic) are:

1. _____
2. _____
3. _____

Ten things I'm really good at:

- | | |
|----------|-----------|
| 1. _____ | 6. _____ |
| 2. _____ | 7. _____ |
| 3. _____ | 8. _____ |
| 4. _____ | 9. _____ |
| 5. _____ | 10. _____ |

In five years, I will be:

Plan A

Plan B

